



# 1-DAY TRIMBOLIC FLUSH!



***The 1-Day Trimbolic Flush is designed to help you break that dreaded weight loss plateau and help reduce water retention.***

***This is highly recommended as the "magic bullet" to help you look a size smaller in 24 hours.***

***Great for upcoming weddings and parties!***

## DIRECTIONS:

**For 1 day only, fast from all eating and drinking, other than water and herbal teas.**

Drink unlimited amounts of Trimbolic, mixed as directed or put into a blender with a little added ice to make a slush consistency. You may take Reneú and LipoMax at bedtime when doing the flush. Do not take any other FirstFitness products or supplements during the one day fast.

**This is a quick solution to breaking off a plateau that has lasted for 2 weeks or more.**

NOTE: Be sure to check with your health practitioner before starting this or any health improvement or weight loss program. These statements have not been evaluated by the Food and Drug Administration.